

## Basic Training Lesson 3.2 Prayer Part 2

*Luke 11:1 And it came to pass, that, as he was praying in a certain place, when he ceased, one of his disciples said unto him, Lord, teach us to pray, as John also taught his disciples.*

- I. Review [**Series review**]
  1. The focus in this study is on just one type of prayer, that being our private, daily, sustaining, survival prayer.
  2. It is where we get spiritual energy, like putting up our solar panels and pointing them to the Source of Light, Jesus Christ!
  3. We covered the first part of the *Prayer Guide*, which is divided into 8 sections:

(1) Worship	(5) Pardon
(2) Harvest	(6) Protection
(3) Direction	(7) Praise
(4) Provision	(8) Answer
- II. Last week we covered [**Prayer review**]:

- a. Introduction: The first section sets our mind on early prayer and hope in the Word.
- b. Section 1: Worship God for Who He Is; Our Father which art in heaven, Hallowed be thy name. Submit before the Almighty, worthy, and great God.
- c. Section 2: Harvest preparation and labor:  
Thy kingdom come. Set focus on kingdom readiness and His Spirit and faith to empower us for action.
- d. Section 3: Direction in general:  
Thy will be done in earth, as it is in heaven. Trusting His plan, not ours.
- e. Section 3a: direction as a person/individual, asking for tangible guidance: God's hand on me (**touch**) to guide my path and steps, for my eyes to see (**sight**) and my ears (**hearing**) to hear direction.

- f. Section 3b: Direction as a partner which includes sacrificial love, study, honor, respect, and remaining close.
- 2. Tonight we will finish with asking specific direction as parent, and professional, and then move on to the last sections: Provision, Pardon, Protection, and Praise.
- III. Directional prayer as a parent and professional
- C. **[3c.] Direction as a parent-**
  - 1. Pray that God will influence my relationship with my kids, and that He would guide my children today.  
*I have no greater joy than to hear that my children walk in truth. (3 John 4)*
  - 2. Praying for truth includes their salvation and general guidance in their relationships, health, education, and employment.
  - 3. Name your children one by one and ask God to direct their lives in truth—into His calling for their lives.

4. Our responsibility as a parent includes taking an active role in providing them training, demonstrating the right way to go:  
*Train up a child in the way he should go: and when he is old, he will not depart from it. (Prov 22:6)*
5. Ask God to guide you in providing the consistent training in the right path that will remain with them throughout their life.
6. And because our children need fatherly love and discipline, pray that it is administered with the right attitude and in the right mix, allowing education not anger and resentment:  
*And, ye fathers, provoke not your children to wrath: but bring them up in the nurture [loving discipline] and admonition [instruction] of the Lord. (Eph 6:4)*
7. With the next verse, we are reminded that both mothers and fathers are needing in the loving training of their children.

*That they may teach the young women to...love their children (Titus 2:4)*

D. **[3d.] Direction as a professional/citizen-**

1. If you are employed at a job, pray to be the best employee possible and represent Jesus well in the work place.
2. Starting with **diligence**=skill, extraordinary expertise, and promotion:  
*Seest thou a man diligent in his business? he shall stand before kings; he shall not stand before mean [average] men. (Prov 22:29)*
3. The next verse include praying for help to create efficient procedures and to provide the excellent service:  
*Whoso keepeth the fig tree shall eat the fruit thereof: so he that waiteth on his master shall be honoured. (Prov 27:18)*
4. **“Keeping the fig tree”** refers to the fact that fig trees require close attention to produce good fruit. So we pray that we can manage

the processes under our care to ensure the best possible outcome or product.

5. **“Waiting on his master”** refers to providing meticulous service and anticipating the needs. It adds the element of being proactive rather than reactive.
6. Acknowledge in your prayer that your ultimate boss is God, so in serving the Lord Christ at our job, do your work with heart in the fear of God:

*Servants [employees], obey in all things your masters according to the flesh [supervisor/manager]; not with eyeservice [only when they are watching], as menpleasers; but in singleness [sincerity] of heart, fearing God: And whatsoever ye do, do it heartily [with enthusiasm], as to the Lord, and not unto men; Knowing that of the Lord ye shall receive the reward of the inheritance: for ye serve the Lord Christ. (Col 3:22-24)*

7. That prayer helps me be subject to authority, punctual, cooperative, creative, inspired, professional, courteous, smart, and productive.
8. And when your boss does not acknowledge your skill, understand you are working for God and He will reward your diligence.
9. And finally, as a good citizen, pray for your civil and political leaders:

*1 I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. 2 Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity. NLT (1 Tim 2:1-2)*

#### IV. **[4.]** Provision

1. Note we started our prayer with worship, the harvest, and direction, so you see, our daily sustaining prayer is much more than just putting our list of needs before God.

2. We are building a relationship with God and others, so the model prayer shows God's priority on relationships.
3. But now we come to the section of our prayer where we ask petitions for the things we need today.  
*Give us this day our daily bread (Matt 6:11)*
4. Jesus intends for us to pray this prayer daily. And like Jabez prayed, ask BIG!  
*Oh that thou wouldest bless me indeed (1 Chron 4:10)*
5. This is a kind of abundant blessing that is a mind-shift. Rather than depending on borrowing, I am looking for blessing.  
*For the Lord thy God blesseth thee, as he promised thee: and thou shalt lend unto many nations, but thou shalt not borrow... (Deut 15:6)*
6. That is a paradigm shift for many, but with God's greater blessing, there will be less of a need for borrowing.



7. Since we are praying about our finances and financial management, pray for restoration of things lost:

*And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you. (Joel 2:25)*

8. This is a level of trust that is confident that:  
*But my God shall supply all your need... (Phil 4:19)*

9. Because God intends blessings that include riches without sorrow:

*The blessing of the LORD, it maketh rich, and he addeth no sorrow with it. (Prov 10:22)*

10. Worldly riches increase sorrow, but the riches that God intends for us comes with gratitude to God.

11. Next, focus on God's provision for healing for those with that need.

*[The Lord] Who healeth all thy diseases (Ps 103:3)*

12. Express your specific prayer requests before the Lord with confidence:

*14 And this is the confidence that we have before him: that whenever we **ask anything according to his will**, he hears us. 15 And if we know that he hears us in regard to whatever we ask, then **we know that we have the requests** that we have asked from him. (1 John 5:14-15 NET)*

13. Pull out your prayer list of urgent daily prayers.

v. **[5.] Pardon/Forgiveness:**

1. From worship, the harvest, direction, and provision, we now we seek forgiveness through repentance.

*And forgive us our debts, as we forgive our debtors. (Matt 6:12)*

2. As we pursue a deeper relationship with God, we cannot ignore our sins.

*He that covereth his sins shall not prosper:*

*but whoso confesseth and forsaketh them shall have mercy. (Prov 28:13)*

3. Repentance includes feeling sorry for our sin:

*For I will declare mine iniquity; I will be sorry for my sin. (Ps 38:18)*

4. And that humble, honest, and repentant attitude brings forgiveness:

*If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. (1 John 1:9)*

5. Prayer is a time of soul searching and God's searchlight can penetrate into our thoughts and intents of our heart:

*Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting. (Psalm 139:23-24)*

6. In that search, if there are any secret sins hidden in our heart, or big and public sins, we ask the Lord to reveal that so we can surrender it in repentance:

*Who can understand his errors? cleanse thou me from secret faults. Keep back thy servant also from presumptuous [deliberate] sins; let them not have dominion over me: then shall I be upright, and I shall be innocent from the great transgression. (Ps 19:12-13)*

7. While unchecked sin can have dominion over us, giving God control assures it won't: *Order my steps in thy word: and let not any iniquity have dominion over me. (Ps 119:133)*
8. And no matter how bad or how strong the control of sin has been, when we confess it to Jesus, *...the blood of Jesus Christ his Son cleanseth us from all sin. (1 John 1:7)*
9. Taking a line from King David's prayer of repentance, forgiveness includes renewal with a right Spirit in us: *Create in me a clean heart, O God; and renew a right spirit within me. (Ps 51:10)*

10. Forgiveness can break worldly thought patterns we had been following:  
*And be not conformed to this world: but be ye transformed by the renewing of your mind...Rom 12:2*
11. A benefit of casting off sin in repentance is how it impacts our thoughts:  
*22 throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. 23 Instead, let the Spirit renew your thoughts and attitudes. (Eph 4:22-23 NLT)*
12. A renewed spirit makes us feel right. A renewed mind makes us think right.

## **[6.]**Protection:

1. We focused on worship, revival, direction, provision, and pardon, and now move on to protection.
2. We pray for two kinds of protection: spiritual and physical.

*And lead us not into temptation, but deliver us from evil... (Matt 6:13)*

3. There are evil spirits at work in the world seeking to devour God's people with temptation and sin, but God promised protection from temptation:

*There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer [let] you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it. (1 Cor 10:13)*

4. Falling to temptation is not inevitable because God always provides an escape door.

5. Jabez asked it this way:

*That thou wouldest keep me from evil, that it may not grieve [cause pain to] me! (1 Chron 4:10)*

6. God desires to deliver you from the grief and pain that evil brings, so ask for that

deliverance, remembering Jesus gave us authority over all evil:

*Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you. (Luke 10:19)*

7. This is prayer warfare and involves submitting to God and rising in boldness over the devil:

*Submit yourselves therefore to God. Resist the devil, and he will flee from you. (James 4:7)*

8. Prayer warfare also involves putting on God's armor and taking a strong stand against all evil:

*11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. 12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. (Eph 6:11-12)*

9. When you pray this way, envision the enemy falling at your attack:  
*(For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) (2 Cor 10:4)*
10. You are an overcomer over the devil because of these...  
*And they overcame him [the devil] by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death. (Rev 12:11)*
11. Conclude this spiritual warfare section with three verses that call for physical angelic protection. Speak these over yourself, your spouse, your children, and others close to you. Note the action words in each promise:  
*The angel of the LORD encampeth round about them that fear him, and delivereth them. (Ps 34:7)*  
*For he shall give his angels charge over thee, to keep thee in all thy ways. (Ps 91:11)*  
*Are they not all ministering spirits, sent*



*forth to minister for them who shall be heirs of salvation? (Heb 1:14)*

vi. (7) Praise for what God has done:

1. Our prayer included worship, revival, direction, provision, pardon, and protection. Now with the other bookend, we conclude with praise.

*...For thine is the kingdom, and the power, and the glory, for ever. Amen (Matt 6:13)*

2. We began worshiping God for who He is. We end with praise to acknowledge what God has done!

3. And what better way to conclude our prayer warfare, than by noting Who is the REAL boss. Jesus, this is Your Kingdom, you are in power, and you receive all the glory!

4. Include this praise at the end of your prayer:

*This is the day which the LORD hath made; we will rejoice and be glad in it. (Ps 118:24)*

5. That is an excellent way to start your day. It is an attitude setter.
6. While you are at it, praise Him for ALL His benefits:  
*1 Bless the LORD, O my soul: and all that is within me, bless his holy name. 2 Bless the LORD, O my soul, and forget not all his benefits: (Ps 103:1-2)*
7. Also, thank the Lord for His great mercy and compassion that sustained us yesterday and that was renewed fresh for today:  
*22 It is of the LORD's mercies that we are not consumed, because his compassions fail not. 23 They are new every morning: great is thy faithfulness. (Lam 3:22-23)*
- vii. Answer:
  1. A great way to conclude our prayer of faith is how Jabez ended his prayer:  
*And God granted him that which he requested. (1 Chron 4:10)*

2. And because Jesus said to ask in His name, we do that—In the name of Jesus!:  
*If ye shall ask any thing in my name, I will do it. (John 14:14)*

## VIII. Conclusion

1. The story of the life of Jabez is covered in just two verses in the Bible, and includes his prayer that we have referred to several times in this study.
2. But in those two short verses, we see the great transformative power of prayer.
3. Jabez's birth caused his mother great suffering, pain, and sorrow. And because of that, she named the baby, Jabez, which is related to the Hebrew word for sorrow.
4. Imagine entering the world with "sorrow" engraved over your life. The (candy) cigars dad passed out said "Sorrow." The banner mom hung at the baby shower said, "Welcome Sorrow!" The engraving on his crib said, "Here Lies Sorrow."

5. Plus, the life story of Jabez was hidden between verse 8 and 11 of the chronologies of 1 Chronicles 4: “And Coz begat Anub, and Zobebah, and the families of Aharhel the son of Harnum...And Chelub the brother of Shuah bgat Mehir, which was the father of Eshton.”
6. But look at what happened to Jabez despite the painful sorrowful that signaled and shrouded his arrival—and remember, this happened because of his prayer life:  
*1 Chron 4:9-10*  
*9 And Jabez was **more honourable** than his brethren: and his mother called his name Jabez, saying, Because I bare him with sorrow.*  
*10 And Jabez called on the God of Israel, saying, Oh that thou wouldest bless me indeed, and enlarge my coast, and that thine hand might be with me, and that thou wouldest keep me from evil, that it may not*

*grieve [pain] me! And God granted him that which he requested.*

7. Prayer will guide our perspective so we don't get stuck in the tragedies and sorrow we arrived with, but will help us look with expectation toward blessing indeed, enlargement, God's hand, and deliverance from pain!